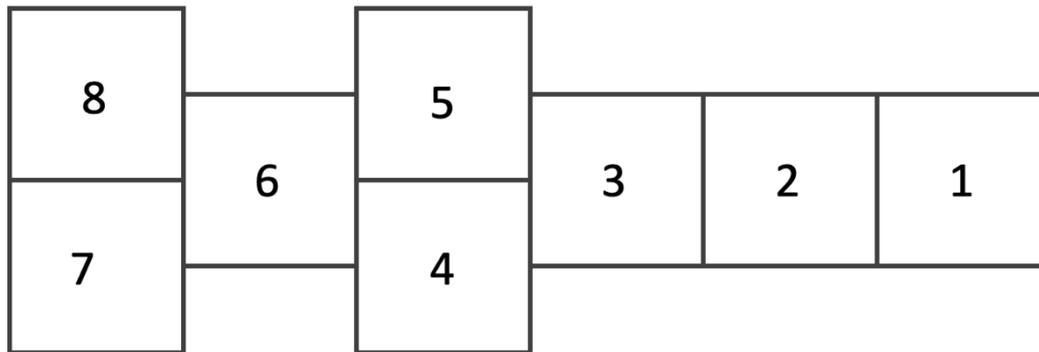


Phada



Materials

1. **Phale** (small flat stone) x2
2. **Small stick** to mark soil or sand ground surface or **Chalk** to mark hard outside surfaces or **Masking** tape to mark indoors surfaces.

How to Play

1. Use a stick or chalk or masking tape to draw the Phada lines as shown above. The squares should be large enough for the players to hop across in them on one foot. Label each square with the number shown below.
2. Throw the phale into the first square. If it lands on a line, or outside the square, you lose your turn. Pass the phale to the next player and wait for your next turn.
3. If successful, hop on one foot into the first empty square, and then every empty square. You must skip the square with the phale.
4. At the double squares (4-5 and 7-8) place both feet down, each foot in each square. When you reach the end (7 -8) jump and turn around, placing each foot in each square. Then hope back on one leg in each square until you reach the quare before the phale.
5. Pick the phale up, still on one leg then skip over the quare which the phale was in. Proceed to the end.
6. Pass the phale to the next player for their turn.
7. On your next turn throw the phale in the next numbered quare and repeat steps 2 to 6. But if you fall, jump outside the lines, or if your phale miss a squre, you lose your turn. Pass the phale to the next player. On your next turn, continue from the point that you failed.
8. The first person to reach square 8 wins. If multiple players reach square 8 on the same go, they continue to the challenge.
9. **Challenge:** Place another phale on you open hand, or elbow or head and repeat the sequence 2 to 8. If the phale falls as you jump, you lose your turn.