

Mdodo



1. Dig a shallow hole into the ground, about 10 cm wide.
2. Place about fifteen small stones outside the hole.
3. Using one hand throw the Mdodo (larger smooth stone) into the air while keeping your eyes on it. Before catching the Mdodo, with the same hand, pick one stones from the pile and place it into the hole.
4. Throw the Mdodo again and take the stone out of the whole to the other side of the hole. Repeat this until all the stones have consequently been placed in and out of the hole, piled up on the other side of the hole.
5. Repeat steps 3 and 4 by placing two stones, in and out the hole.
6. Repeat steps 3 and 4 with 4 stones, then 5 and so on until all stone are moved in and out of the hole in one go.
7. If you fail to catch the Mdodo or fail to put the stones in and out of the hole, you lose your turn. When it is your turn again, start again from the beginning with one stone.
8. The first person to complete the whole sequence wins. To celebrate the win, throw the Mdodo in the air and pick up all the stones with both hands and then catch the Mdodo with hands full of stones. Then drop the Mdodo and throw all the stones in the air and catch them with the back of your palms. Throw them up again in the air and catch them in front of our palms. If you fail this, you still win, it is just a cerebation sequence